

CPAP/BiPAP Preparation



GLACIAL RIDGE
HEALTH SYSTEM
heartfelt care®

CPAP and BiPAP Cleaning and Preparation

To prevent potential infections, it is recommended that you clean your CPAP or BiPAP unit prior to your surgical stay. This includes manufacturer's instructions for cleaning. You may also contact the vendor you received your unit from for cleaning or replacement instructions.

CPAP/BiPAP Unit:

1. Wipe the unit with a damp cloth and mild dish soap.
2. Allow the unit to dry before plugging the unit in.

Filters:

1. Replace prior to surgery.
2. Replace prior to the first home use after your hospital stay.

Mask/Nasal Pillows:

1. Replace prior to surgery.
2. Once home, wash daily with mild soapy water. Rinse well.
3. Do NOT use soap with a de-greaser, hand sanitizer or alcohol.
4. Follow manufacturer's instructions for regular replacement following your surgery.

Tubing:

1. Replace prior to surgery.
2. Wash weekly in mild soapy water, rinse, and hang to dry.
3. Follow manufacturer's instructions for regular replacement following your surgery.

Head gear/Chin strap:

1. Weekly, hand wash in a standard laundry detergent and air dry.
2. Do not use bleach.
3. Do not dry in a dryer or iron the head gear/chin strap.
4. Follow manufacturer's instructions for regular replacement following your surgery.

Humidifier:

1. Manufacture recommends use of distilled water only.
2. Weekly, wash water chamber in mild soapy water and rinse well.