

The Day of Surgery



GLACIAL RIDGE
HEALTH SYSTEM
heartfelt care®

"What should I bring to the hospital?"

- A list of your medications (prescription and over-the-counter, including vitamins and herbs) to make sure we have the most current information
- A driver's license or photo ID
- Insurance information
- Surgery education binder
- Red blood wristband if you have been given one
- Your CPAP or BiPAP machine (for sleep apnea) if you use one
- Comfortable, loose-fitting clothing that will be easy to put on and take off (pajamas, sweat pants, slip-on shoes)
- CHG wipe instruction sheet
- You may want to bring a book, magazine, or a personal music player. You can access our Wi-Fi internet from your smart phone or tablet while you are here.
- Phone charger
- Please leave all jewelry at home. Remove nail polish. Do not apply make-up or perfume.