

ITEMS TO BRING TO HOSPITAL

DOCUMENTS AND PAPERWORK

Please bring the most recent copy of these necessary items:

- Insurance cards
- List of phone numbers of family and/or friends who information can be shared with
- Health Care Directive (Advanced Directive, Code Status, POLST form), Power of Attorney, and/or Living Will
- A complete list of medications you are currently taking including:
 - Name of medication
 - Dosage of medication
 - Frequency of medication

MEDICINES

Along with your list of medications, please have a family member or friend bring in all of your medications (actual pill bottles) so that a pharmacist or nurse can go through them with you. This will ensure that our records are up to date so that we know what you currently take at home and which medicines might be new medications that you may need education about their purpose and side effects.

Medicines we would like to know about include:

- Medicines prescribed by any physician in their original bottles / packets
- Any over-the-counter medicines that you buy from a pharmacy or supermarket
- Any medicines or herbal remedies that you get from a health food shop or homeopathic practitioner

Letting us know which medicines you take also means we can check that they are still suitable for you. Clearly understanding the purpose for taking each of your medications is very important to your success at home after discharge, so we encourage you to ask questions during your stay and upon discharge so that we may explain them in a way that you can understand.



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CLOTHING AND PERSONAL ITEMS

You may be more comfortable in your own clothing. At times, you are allowed to wear your own clothing if it is loose fitting and allows access to necessary medical items such as IV lines, heart monitors, etc. Non-skid slippers or comfortable shoes may also be essential for your comfort. Each patient room provides a closet for accommodation of a limited quantity of personal articles. Please bring only those items necessary during your stay.

Additionally, please bring the following items if you require them:

- Eyeglasses
- Dentures
- Hearing Aides
- CPAP Machine

Some toiletries (toothbrush, toothpaste, deodorant, lotion, soap, shampoo, comb or brush) are provided but you may prefer to use your own. Please avoid perfumes and other highly scented products while in the hospital. Lip balm may also provide extra comfort.

During long stays (such as Swing Bed), you may want to have some items to occupy your time. We have a few items including books, movies and cards but you may want to bring something of your own. Photos or small mementos from home may also help to make your stay more enjoyable and allow you to personalize your hospital space. If you use a cell phone, we suggest bringing in your cell phone charger as well.

WHAT NOT TO BRING

We encourage you to leave all valuables (such as large sums of money, jewelry, credit cards and any other items you consider valuable) at home or send them home with a family member or friend if possible. If unable to send these valuables home, we do provide envelopes for these items that are labeled, documented and placed in a secure, locked area and will be returned to you upon discharge.



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