GLACIAL RIDGE
HEALTH SYSTEM
heartfelt care®

PERSONAL TRAINER

DEPARTMENT: WELLNESS CENTER
REPORTS TO: WELLNESS CENTER MANAGER
FLSA STATUS: EXEMPT

SUMMARY: A dynamic individual that will cultivate member relationships and improve retention while building a client base.

QUALIFICATIONS:

- Familiar with the fitness profession.
- Familiar with Wellness Center equipment.
- Certified in First Aid and CPR.
- Certified Instructor is preferred, but not required.
- Must meet physical requirements of job - lifting, bending.
- Candidates to have flexible hours to accommodate client's needs.
- Not required, but may have a current nationally recognized personal trainer certification such as ACSM, NSCA, ACE, AFFA, etc. (documentation required).

DUTIES AND RESPONSIBILITIES:

- Trains clients.
- Ensures participants have correct body form and alignment to prevent injury.
- Does not allow unpaid nonmembers to use facility.
- Other duties as assigned.

PERFORMANCE STANDARDS:

- To provide health and fitness services to the community, members and clients.
- To run an efficient and effective clientele base.
- To be a positive influence on health and fitness.
- On-time and regular attendance is necessary for continued employment.

OTHER:

This job description is not intended to be all inclusive. The omission of specific statements of duties does not exclude them from the position if the work is similar, related, or is a logical assignment to the position.