

# Orthopedic Symptom Checker



GLACIAL RIDGE  
HEALTH SYSTEM  
*heartfelt care*®

Specific warning signs that indicate you may need to consult an orthopedic surgeon include:

- Pain in bones, joints, or muscles
- Joint pain that worsens when resting or at night
- Persistent joint swelling or bruising
- Decreased range of motion
- Joint deformity
- Joint instability
- Failed improvement

If you are suffering from any of these symptoms, you can schedule a consultation with Dr. Michael Holte, an experienced, orthopedic surgeon at Glacial Ridge Hospital in Glenwood by calling 320.634.5157.