

Community Health Needs Assessment 2019 Implementation Strategy



GRHS is committed to improving and supporting health and wellness within our community. This implementation strategy is a roadmap for Glacial Ridge Health System (GRHS) to help meet the needs of our community as identified in the Community Health Needs Assessment (CHNA) conducted in 2019.

The CHNA is a process to identify and describe the health of the community served, the factors that contribute to our health challenges, and the existing community assets and resources. The collaborative process with community partners involves the collection and analysis of data and information. Upon review of the 2019 CHNA, the hospital's Community Partnership Team determined these two highest priority issues:

- 1. ACEs (Adverse Childhood Experiences) and Developing Resiliency**
- 2. Drug Misuse and Abuse**

For each of the needs, the hospital's Community Partnership Team identified goals, strategies and activities, local partnerships, and performance measures. Glacial Ridge Health System shared the CHNA and implementation strategy with community partners, and together, we will work toward completing the strategies and activities to address our most important community health needs at this time. Glacial Ridge Health System's CEO and Strategic Planning Committee will lead, monitor, and review progress every six months at a minimum. Additionally, the two community health priorities align with Horizon Public Health's Community Improvement Plan (CHIP) 2019-2022.

Note: For ACEs, one of the strategies is to provide opportunities to help develop resilience. This overlaps with the goal of reducing the use and misuse of drugs by providing safe, stable, and nurturing relationships among families and friends.

GRHS does not have baseline data to measure outcomes for drug use and misuse. There is no specific measurement for this goal. Evidence finds that strategies to address youth alcohol, e-cigarette, and marijuana use will also address some of the issues affecting drug use.

In addition to focusing on priority needs, GRHS will:

1. Continue to collaborate with Horizon Public Health and other community resources to identify significant health risks and develop solutions to reduce community impact.
2. Identify new partnerships that can strengthen community health.
3. Collaborate our resources to meet the community health needs based on availability and relevance to planned interventions.

Goal: Decrease the incidence of ACEs (Adverse Childhood Experiences) and increase resiliency in Pope County residents.		
Strategies / Activities	Lead / Role / Partners	Tracking and Performance Measurement
<p>Strategy #1. Increase awareness and education in the health care community.</p> <ul style="list-style-type: none"> - Work with Horizon Public Health to provide education sessions for GRHS staff regarding the Adverse (negative) Childhood Experiences. - Support Horizon Public Health and activities of community partners sharing knowledge of ACEs and opportunities for resiliency to community members. <p>Strategy #2. Collaborate with Horizon Public Health and community partners to support policies, programs, and initiatives in the community to increase resiliency.</p> <ul style="list-style-type: none"> - Participate in the Pope County ACE workgroup - Provide support as needed to Minnewaska Area Schools, other organizations, and community programs that support aspects of building resiliency 	<p>Lead – Horizon Public Health (HPH) / Horizon CHIP (Community Health Improvement Program) ACEs workgroup in Pope County.</p> <p>Support Partners – Glacial Ridge Health System / Minnewaska Area Schools / Pope County Early Childhood Initiatives / EC Thrive / Pope County Collaborative / Pope County Social Services / Someplace Safe / United Way / Law Enforcement / MN Communities Caring for Children / West Central Community Action / Region 4 Mental Health / Community Members</p>	<p>Outcome Objective: A decrease from 2016 in the percentage of students who report one or two ACEs on the annual Minnewaska MN Student Survey and increase community initiatives that build resiliency.</p> <p>Short-Term Outputs:</p> <ul style="list-style-type: none"> - Number of community programs/initiatives supported by GRHS <p>Medium-term Indicators: Continued programming addressing these areas in the community</p> <p>Long-term Indicators: Strong community resources for parent and youth support. Trending decrease in # ACEs experienced as reported in the MN Student Survey</p>

Goal: Prevent and decrease drug misuse and abuse in Pope County by youth and adults.		
Strategies / Activities	Lead / Role / Partners	Tracking and Performance Measurement
<p>Strategy #1. Provide support of Horizon Public Health’s county-level coalition that will champion the efforts to prevent and decrease drug misuse and abuse in Pope County.</p> <ul style="list-style-type: none"> - Support initiatives, policies, and programs of state, HPH, and community partners. <p>Strategy #2. Participate in and/or support current and new Horizon Public Health or community initiatives to decrease drug misuse and abuse in Pope County.</p> <ul style="list-style-type: none"> - I.e. those that educate the community on the risks of alcohol, e-cigarette, tobacco, and drug use. (Ex. Against Substance Abuse in Pope County – [ASAP]), Students Against Destructive Decisions (SADD), Drug Abuse Resistance Education (DARE) program) <p>Strategy #3. Participate and implement evidence-based programs when feasible at GRHS and continue current actions.</p> <ul style="list-style-type: none"> - These may include programs to identify the risk of addiction, use alternative non-opioid pain management models, therapy, and pain education to patients. 	<p>Lead – Horizon Public Health / Pope County Coalition</p> <p>Support Partners – Glacial Ridge Health System / Law Enforcement / Pope County Social Services / Minnewaska Area Schools / Pope County Collaborative / Someplace Safe / United Way / MN Communities Caring for Children / ASAP Coalition / HCHC Coalition /Community Members</p> <p>Currently: GRHS medical staff participate in the ECHO program. GRHS is implementing new procedures to identify potential risks for addiction before prescribing any opioids to patients. Providers at GRHS continue to identify effective, alternative pain treatment options. GRHS is developing patient education directly related to Pain Management, offering alternatives to opioids through other non-addictive medications, physical therapy, other.</p>	<p>Outcome Objective: A decrease in adult drug misuse and abuse, and a reduction from 2016 in the percentage of students reporting trying e-cigarettes once or twice, and of students reporting trying marijuana once or twice in the next MN Student Survey of Minnewaska students.</p> <p>Short-Term Outputs:</p> <ul style="list-style-type: none"> - Number of community initiatives supported - Increase community and parent awareness - Review alcohol, smoking, vaping, and drug use at each Child and Teen Checkup using the standard MN CTC form, and discuss/refer if needed. <p>Medium-term Indicators:</p> <ul style="list-style-type: none"> - Number of students reached - Number of parents and community members reached <p>Long-term Indicators:</p> <ul style="list-style-type: none"> - A decrease in the % of adults using tobacco, e-cigarettes, drugs, and binge drinking in our community, as reported by the MN Department of Health, Center for Health Statistics - Decrease in youth alcohol use - Decrease in youth smoking/tobacco use - Decrease in youth drug use - Strong community resources for parent and youth support - Evidence-based strategies indicate that activities to address youth alcohol, e-cigarette, and marijuana use will also address some of the issues affecting drug use as they become adults.